

Students

First Aid/Emergency Medical Care

Sudden Cardiac Arrest Prevention

The CREC Council recognizes the importance of ensuring the safety of students participating in CREC's intramural and interscholastic athletic programs. The purpose of this policy is to provide guidance for the prevention and recognition of sudden cardiac arrest in student athletes.

For purposes of this policy, "intramural or interscholastic athletics" shall include any activity sponsored by CREC or a CREC school, as defined in C.G.S. 10-15f, or an organization sanctioned by CREC that involves any athletic contest, practice, scrimmage, competition, demonstration, display or club activity.

Sudden Cardiac Awareness Program

For the school year beginning July 1, 2015, and each school year thereafter, CREC shall use the sudden cardiac arrest awareness education program promulgated by the Connecticut State Board of Education (SBE), available on the SBE's website.

Training

For the school year commencing July 1, 2015, and each school year thereafter, any person who holds or is issued a coaching permit by the SBE and is a CREC coach of intramural or interscholastic athletics shall annually review the SBE promulgated program prior to beginning the coaching assignment for the season of such intramural or interscholastic athletics.

The SBE may revoke the coaching permit, as provided by law, of any coach who (1) does not annually review the program, (2) fails to immediately remove a student showing signs of sudden cardiac arrest, or (3) allows such student to resume participating without receiving appropriate medical clearance.

Consent Form Requirement

Each school year, beginning July 1, 2015, prior to participation in an athletic activity, parent/guardians of students participating in intramural or interscholastic athletics shall sign and return to CREC the SBE developed and approved informed consent form on sudden cardiac arrest. The form shall include a summary of the (1) program and (2) applicable CREC policies on sudden cardiac arrests.

Removal from Play

A student who, as determined by the coach of any intramural or interscholastic athletics, game official, certified athletic trainer, licensed physician, or other official designated by CREC,

5141.28

exhibits signs, symptoms or behaviors consistent with a sudden cardiac arrest shall be removed by the coach from participating in any intramural or interscholastic athletics.

Any student known to have exhibited signs or symptoms of sudden cardiac arrest prior to or following an athletic activity shall be prevented from participating in athletic activities.

Return to Play

Prior to participation, the coach shall not return a student who previously exhibited warning signs of sudden cardiac arrest to participate in any intramural or interscholastic athletics until the student receives written clearance to participate in athletics from a licensed health care professional.

Penalties

A coach found in violation of the provisions of this policy related to the removal from play and return to play shall be permanently suspended from coaching any intramural or interscholastic athletic activity.

(cf. 5141 – Student Health Services)
(cf. 5141.7 –Automatic External Defibrillators)
(cf. 5141.31 – Health Examinations for School Athletic Participation)
(cf. 6145.2 – Interscholastic/Intramural Athletics)

Legal Reference	Connecticut General Statutes
	PA 14-93 An Act Concerning Sudden Cardiac Arrest Prevention.
	10-145b(i) Teaching certificates.
	10-235 Indemnification of teachers, board members, employees and certain volunteers and students in damage suits; expenses of litigation.
	10-212d Availability of automatic external defibrillators in schools. Emergency action response plans for life-threatening emergencies.

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CAPITOL REGION EDUCATION COUNCIL
Hartford, Connecticut